

## The Family Place Snack Menu

Week #1	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cereal Fresh Fruit	WW English Muffins Fresh Fruit	Pancakes with Syrup Fresh Fruit	Hot Cereal Fresh Fruit	Raisin Bread Fresh Fruit
PM	Bread Sticks Pizza Sauce	Nachos Salsa	Chex Mex Raisins	Gr. Wafer Crackers Cr Cheese/Fruit Jam	Rice Crackers Raw Veg Ranch Dip
Week #2	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cereal Fresh Fruit	Morning Rounds Fruit Jam Fresh Fruit	Waffles with Syrup Fresh Fruit	Hot Cereal Fresh Fruit	Cereal Fresh Fruit
PM	Saltine Crackers and Cheese	Rice Cakes Cr Cheese	Veggie Straws Fresh Fruit	Pita/Pretzel Chips Apple Butter	Applesauce Honey Graham Cookies
Week #3	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cereal Fresh Fruit	WW Toast WOW butter Fresh Fruit	Pancakes with Syrup Fresh Fruit	Hot Cereal Fresh Fruit	Fruit Bagels Fresh Fruit
PM	Melba Toast Fruit Jam Cr Cheese	WW Pretzels Honey Mustard Dip	Bran Crunch Cookie Raisins	Nutri Grain Bars Fresh Fruit	Goldfish Crackers Carrots sticks
Week #4	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cereal Fresh Fruit	Bear Claws Fresh Fruit	Waffles with Syrup Fresh Fruit	Hot Cereal Fresh Fruit	WW Toast Cinnamon Fresh Fruit
PM	Rice Rolls with Apple Butter	Multigrain Crackers Cheese	Cranberry Citrus Cookie Fresh Fruit	Mini Pitas with Cr Cheese/Fruit Jam	Applesauce with Oatmeal Cookies

Margarine may be served with Bread Products, Milk/Water Served AM Snack, Water Served PM Snack