

The Family Place Snack Menu

Week #1	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cereal Fruit	WW English Muffins Fruit	Pancakes with Syrup Fruit	Hot Cereal Fruit	Raisin Bread Fruit
PM	Fruit Bars	Nachos Salsa	Chex Mex Raisins	Gr. Wafer Crackers Cr Cheese/Fruit Jam	Rice Crackers Raw Veg Dip
Week #2	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cereal Fruit	Morning Rounds Fruit Jam Fruit	Waffles with Syrup Fruit	Hot Cereal Fruit	Cereal Fruit
PM	Saltine Crackers and Cheese	Rice Cakes Cr Cheese	Rice Rolls with Apple Butter	Pretzels & Dip	Applesauce & Cookies
Week #3	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cereal Fruit	WW Toast Fruit	Pancakes with Syrup Fruit	Hot Cereal Fruit	Banana Muffins Fruit
PM	Melba Toast Fruit Jam Cr Cheese	Nacho Chips Salsa	Cookie Raisins	Wow Butter/Jam sandwiches on WW Bread	Goldfish Crackers Raw Veg
Week #4	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cereal Fruit	Breakfast Bars Fruit	Waffles with Syrup Fruit	Hot Cereal Fruit	WW Toast Cinnamon Fruit
PM	Veggie Straws & Dip	Multigrain Crackers Cheese	Mini Pitas with Cr Cheese/Fruit Jam	Bread Sticks Pizza Sauce	Applesauce & Cookies

Margarine may be served with Bread Products, Milk/Water Served AM Snack, Water Served PM Snack