

The Family Place Snack Menu

| Week #1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------|---|-----------------------------------|--|---|---------------------------------|
| AM | Cereal Fruit | WW English Muffins Fruit | Pancakes with Syrup Fruit | Hot Cereal Fruit | Cereal Fruit |
| PM | Wow Butter/Jam sandwiches on WW Bread | Nachos Salsa | Chex Mex Raisins | Gr. Wafer Crackers Cr Cheese/Fruit Jam | Rice Crackers Raw Veg Dip |
| Week #2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM | Cereal Fruit | Breakfast Bars Fruit | Waffles with Syrup Fruit | Hot Cereal Fruit | Cereal Fruit |
| PM | Crackers and Cheese | Mini Pitas Cr Cheese/Fruit Jam | Rice Rolls with Apple Butter | Pretzels & Dip | Fruit Snacks & Cookies |
| Week #3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM | Cereal Fruit | WW Toast Fruit | Pancakes with Syrup Fruit | Hot Cereal Fruit | Muffins Fruit |
| PM | Melba Toast Fruit Jam Cr Cheese | Nacho Chips Salsa | Cookie Raisins | Wow Butter/Jam sandwiches on WW Bread | Goldfish Crackers Raw Veg |
| Week #4 | Monday | Tuesday | Wednesday | Thursday | Friday |
| AM | Cereal Fruit | Breakfast Bars Fruit | Waffles with Syrup Fruit | Hot Cereal Fruit | WW Toast Cinnamon Fruit |
| PM | Veggie Straws & Dip | Crackers and Cheese | Mini Pitas with Cr Cheese/Fruit Jam | Pretzels & Dip | Fruit Snacks Cookies |

Margarine may be served with Bread Products, Milk/Water Served AM Snack, Water Served PM Snack